

How Many U.S. Cancer Cases are Caused by Excess Body Fat Alone?

Cancer	Estimate Percentage Attributable to Excess Body Fat ¹	Approximate Number of Cases Preventable by Maintaining Low Body Fat, Per Year ²
Esophagus	35%	5,800
Pancreas	28%	11,900
Gallbladder	21%	2,000
Colorectum	9%	13,200
Breast	17%	33,000
Endometrium	49%	20,700
Kidney	24%	13,900
TOTAL		100,500

¹AICRWCRF, *Policy and Action for Cancer Prevention*, 2009

²Calculated from total annual estimates, *Cancer Facts & Figures 2009*, ACS

Over 100,000 cases of cancer are preventable every year by maintaining low body fat.



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